



Lentil Soup

Vegetarian soup made with fresh vegetables.

A delicious, hearty vegetarian soup, loaded with fresh vegetables and herbs. Seasoned with curry and cumin in true Mediterranean tradition.

(Available: Original and Low Sodium)



GLUTEN FREE



Lentil Soup

Nutrition Facts

Serving Size: 4 oz condensed

Calories	125
Cals from Fat	22
Total Fat	2 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	0 g
Sodium	686 mg
Total Carbs	19 g
Dietary Fiber	9 g
Sugars	1 g
Protein	7 g

Lentil Soup-Low Sodium

Nutrition Facts

Serving Size: 4 oz condensed

Calories	125
Cals from Fat	22
Total Fat	2 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	0 g
Sodium	320 mg
Total Carbs	19 g
Dietary Fiber	9 g
Sugars	1 g
Protein	7 g

Packaging/Shipping: Frozen pouch; concentrate

Ingredients: Lentils, potatoes, carrots, celery, onions, salt, soybean oil, herbs & spices, citric acid.

Serving Instructions: Keep frozen. Thaw and combine condensed soup with equal amount of water.
Heat & serve.

<u>Variety</u>	<u>Mfg #</u>	<u>Pack Size</u>	<u>Case Dimension</u>	<u>Net Wgt</u>	<u>Ship Wgt</u>
Original	504	4/4 Lb	12x12x8	16 Lbs	17 Lbs
Low Sodium	514	4/4 Lb	12x12x8	16 Lbs	17 Lbs