



Gluten-Free Buttermilk Pancake/Waffle Mix

Most gluten-free mixes are made from rice flour. **KASABAH** Gluten-Free Buttermilk Pancake Mix is made with highly nutritious chickpea flour. The result is a healthy and delicious breakfast.

Easy to Mix Instructions:

Just whisk together pancake mix with water, egg and oil.



GLUTEN FREE

High Protein + High Fiber



Gluten-Free Pancake Mix

Nutrition Facts

Serving Size: 1/3 cup dry mix

| | |
|---------------|--------|
| Calories | 150 |
| Cals from Fat | 18 |
| Total Fat | 3 g |
| Saturated Fat | 0 g |
| Trans Fat | 0 g |
| Cholesterol | 3 g |
| Sodium | 450 mg |
| Total Carbs | 26 g |
| Dietary Fiber | 5 g |
| Sugars | 10 g |
| Protein | 7 g |

Prepared as Instructed

Nutrition Facts

Serving Size: 1/3 cup dry mix (plus egg & oil)

| | |
|---------------|--------|
| Calories | 170 |
| Cals from Fat | 30 |
| Total Fat | 5 g |
| Saturated Fat | 1 g |
| Trans Fat | 0 g |
| Cholesterol | 55 g |
| Sodium | 468 mg |
| Total Carbs | 26 g |
| Dietary Fiber | 5 g |
| Sugars | 10 g |
| Protein | 8 g |

Packaging/Shipping: Dry mix; shelf

Ingredients: Chickpea flour, buttermilk powder, baking powder, salt, sugar

Preparation Instructions: Combine 1 ½ cup dry pancake mix with ¾ cup (6 oz) cold water. Add 1 egg plus 1 tablespoon oil. Add vanilla extract to taste (optional). Whisk until smooth. Cook on lightly greased, preheated griddle.

Mfg #
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Pack Size
4 / 2 Lb

Case Dimension
14x7x7

Net Wgt
8 Lbs

Ship Wgt
9 Lbs